

bibbulmun track



trip highlights

Trek through forest and rugged coastline

Tree tops walk

Huge Tingle trees



Trip Duration	7 days
Grade	Introductory to Moderate level
Activities	Trekking
Accommodation	6 nights camping

welcome to World Expeditions

Thank you for your interest in our Bibbulmun Track trip. At World Expeditions we are passionate about off the beaten track experiences as it provides our travellers with the thrill of coming face to face with untouched cultures as well as wilderness regions of great natural beauty. We are also committed to making sure that our range of unique itineraries are well researched, affordable and tailored for the enjoyment of our small groups or individuals - philosophies that have been at our core since 1975 when we began operating adventure holidays. The itineraries will give you the very best travel experience, designed by people with incredible local knowledge who share our vision of authentic exchange and real exploration with a responsible tourism approach. Whether you like your adventures to include trekking, touring, cycling, mountaineering, kayaking or cruising World Expeditions can make it happen for you. We hope you will join us for a life changing experience!

why travel with World Expeditions?

World Expeditions Australian Treks have been in continuous operation for more than 30 years, offering economical, reliable, environmentally friendly small group fully inclusive adventure holidays to some of the most beautiful pristine parts of Australia. Our trips cater to people from many walks of life, age groups and motivations. World Expeditions offers more than 30 tailored Australian itineraries that incorporate trekking, walking, rafting, cycling and climbing throughout Australia.

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Supported trekking through the forests and beaches of the far south of Western Australia

trip dates

2010

24 Jan	-	30 Jan
07 Feb	-	13 Feb
21 Feb	-	27 Feb
07 Mar	-	13 Mar
21 Mar	-	27 Mar
31 Oct	-	06 Nov
14 Nov	-	20 Nov
28 Nov	-	04 Dec
12 Dec	-	18 Dec
26 Dec	-	01 Jan

World Expeditions does not require single travellers pay a surcharge for travelling alone. On all of our adventures we will arrange for you to share accommodation with another traveller of the same sex and if we can not match you up we will provide a single room at no extra charge. If you prefer not to share a single supplement is payable to guarantee your own room.

the trip

The Bibbulmun Track is the longest walking trail in Western Australia, winding its way over 900km from the foothills of Perth through Jarrah and Karri Forests to the rugged coastline of Albany. This tour visits some of the most spectacular sections in the forests and coast of the far South-West. We will walk through cool forests of towering Karri trees and massive Tingle trees. We also experience long, lonely stretches of rugged coastline, battered by the unrelenting fury of the Southern Ocean. Traversing ancient granite ridges, we descend on to fields of wildflowers stretching to the horizon. We also trek past isolated coastal wetlands resounding with the chorus of thousands of migratory birds.

This is a vehicle supported walking tour similar in operation to the World Expeditions Larapinta Trek in Central Australia. We have chosen some of the more spectacular sections of the trail, a selection of full-day walks, connected by short drives. While we walk, our support vehicle transfers our gear to the next campsite, and you need carry only a small daypack containing your lunch, a camera, water bottle, etc. From the rocky escarpments that provide exhilarating views, to the tranquility of the tall forests, our flexible itinerary caters for all levels of experience.

at a glance

DAY 1	DEPART PERTH, WALK IN SHANNON NATIONAL PARK (6 KM)
DAY 2	KARRI & TINGLE FOREST WALK, MT CLARE AND WALPOLE (13.6 KM)
DAY 3	TINGLE FOREST WALK, FRANKLAND RIVER FOREST (18.2 KM)
DAY 4	VALLEY OF THE GIANTS AND COASTAL TRANSITION (14.1 KM)
DAY 5	COASTAL WALK (15.5 KM)
DAY 6	COASTAL & KARRI WALK TO DENMARK (15.1 KM)
DAY 7	STIRLING RANGE NATIONAL PARK - PERTH

what's included

- 6 breakfasts, 7 lunches and 6 dinners
- professional wilderness guide and support staff
- support vehicle
- all group camping equipment, including tents, swags for sleeping, stoves and eating utensils
- all National Park, entrance and camping fees
- emergency communications and group first aid kit
- transport from Perth

No local payments policy: Local cash payments are becoming increasingly popular with many operators. The policy seems to benefit the tour operators, more than the local economies or travellers, as it avoids local taxes and transfers the cost and risk of cash handling to travellers. In accordance with our Responsible Travel practices.

detailed itinerary

DAY 1 Depart Perth, walk in Shannon National Park (6 km)

We pick you up from your accommodation between 7am and 7.30am in Perth CBD. We travel south and after 2 hours drive, we stop for morning tea where you and your fellow travellers get acquainted as your guide introduces the program for the next 7 days. A further 1 1/2 hours drive south takes us to the historic township of Bridgetown for lunch on the Blackwood River. It is then a short drive to the Diamond Tree, a huge Karri used as a fire lookout. Our final leg takes us to Shannon National Park where we have an opportunity to stretch our legs after the drive. A rewarding 6km walk to



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fast facts

Countries Visited:
Australia

Private Groups:
Private group options are available for this trip*

Singles:
A single supplement is available for this trip*

Leader:
Expert local leader

Brochure Reference:
Australian Walking Holidays

Mokares Rock offers scenic views of the Karri forest and is a good opportunity to test footwear and equipment for the longer walks to come. We set up at the nearby campground where after a delicious meal around the campfire, you will drift off to sleep listening to the chorus of forest wildlife.
Meals: L, D

DAY 2 Karri & Tingle Forest Walk, Mt Clare and Walpole (13.6 km)

Today we get our first look at the huge Tingle trees, which are only found in this region. From the shaded forests of Mt Clare we walk through Karri trees to John Rate lookout with views over the Walpole Nornalup inlet. Descending to the coastal village of Walpole for lunch, we then walk on to our camp at Coalmine Beach.

Meals: B, L, D

DAY 3 Tingle Forest Walk, Frankland River Forest (18.2 km)

Walking out of camp we begin with an ascent to the Hilltop Lookout and then onto the Giant Tingle tree. From here we continue through the cool forest and some steep terrain to the tranquil Frankland River for lunch. Following the River to the Valley of the Giants we descend to our pickup point where a short drive takes us to the "Tree Tops Walk". Here we will experience a birds-eye view of the Tingle and Karri Trees from the elevated walkway before returning to our campsite at Coalmine Beach.

Meals: B, L, D

DAY 4 Valley of the Giants and Coastal Transition (14.1 km)

A short drive delivers us back to the Tree Top Walk to continue this magnificent section. Today's walk is a transition from the giant forests of the south-west to the rugged coastline at Conspicuous Cliffs. The walk is rewarded with panoramic views at Nut Lookout before a short dune section emerging at the beach. It is then a short drive to our established camp at Parry's Beach in time for a swim and relaxing afternoon.

Meals: B, L, D

DAY 5 Coastal Walk (15.5 km)

From Parry's Beach we return to Conspicuous Cliff, where we begin possibly the hardest, but for most people the most rewarding section of the track. A series of rocky headlands and white sandy beaches provide a stark contrast to the cool forests of the previous days. Keeping watch for migrating whales, we make our way to Peaceful Bay before a short drive to Parry's Beach for a well-earned rest. This is a very exposed walk, so on hot days plenty of sunscreen, water and a hat are essential.

Meals: B, L, D

DAY 6 Coastal & Karri Walk to Denmark (15.1 km)

Driving from Parry's we will begin our walk from William Bay National Park to another of West Australia's river towns, Denmark. After some coastal cliffs and beaches the track winds its way past Monkey Rock and up Mt. Hallowell. Here you will be rewarded with breathtaking views of the Karri meeting the coast and sweeping views of the coastline. Today concludes in Denmark where we begin a 1 1/2 hour drive to the stunning Stirling Range National Park. Tonight's camp is at the base of Toolbranup Peak in the Moinup campground.

Meals: B, L, D

DAY 7 Stirling Range National Park - Perth

After 7 days of practice we are now ready to tackle South-West Australia's highest Peaks. Weather dependant we will ascend either Bluff Knoll (1075m) or Toolbranup Peak (1053m) for unsurpassed panoramas. The Stirling Range is renowned for its flora and both of these walks are a great place to

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responsible travel

The environments we travel through are fragile. It is our responsibility as visitors to minimise the impact of our presence.

World Expeditions were the proud recipients of the inaugural Australian National Travel Industry's Environmental Achievement award for our Responsible Travel Guidebook.

This detailed guide to responsible & sustainable travel is provided to all World Expeditions clients before they travel. Please ask your consultant if you have not received your copy of our award winning book. Alternatively, you may like to download a copy from our website

www.worldexpeditions.com

trip grading

To determine the grade of a particular adventure we consider a number of factors. These include the condition of the walking terrain, altitude and the length of the trek. The Bibbulmun Track is graded introductory to moderate. This trek involves 6 – 8 hours walking each day over rugged terrain with some steep ascents and descents.

In order to complete this trek we advise that you undertake regular three or four times a week for at least three months prior to your departure.

Hill walking with a daypack is recommended.

discover many of the plants unique to this area. These 4-hour walks are a spectacular conclusion to the region and will test our stamina. Lunch in the Stirlings is followed by a 5-hour return trip to Perth via the Albany Highway. We will arrive in Perth around 6pm.

Meals: B, L

This itinerary is subject to change with any change in Community regulations as well as Governmental changes and natural circumstances beyond our control.

climate

The South West of WA is greatly influenced by the cold Southern Ocean. In October and November temperatures can range between 10 degrees at night and 25 degrees during the day. From December to March temperatures can range from 15 degrees at night to daytime temps of 30 degrees, with occasional blustery southerly winds and light rain. Rare summer days up to 40 degrees may be experienced and the tour may be modified to suit the conditions on the day.

a typical day

This adventure is operated solely by World Expeditions. The vehicles we use for transport on our Bibbulmun Treks are 4WD buses. We take a maximum of 14 passengers plus a driver and guide per vehicle. The seating arrangement is forward-facing and air-conditioned. Our vehicles are registered as commercial tourist (passenger carrying) vehicles.

The detailed itinerary that follows indicates the walking distances for each day. Some days are easier than others. We move from valleys to ridgelines, and as such there is a reasonable degree of uphill and downhill climbing. We follow defined trails of the Bibbulmun Track, although we may occasionally take exploratory walks as we attempt to find the best walking in the region.

Our guides are experienced outdoor leaders who will take the time to make you comfortable if you have not been camping before. The guide is responsible for your safety at all times during the trip. Feel free about approaching the guide about anything that may concern you. He/she will be doing everything possible to ensure that you get the most out of the trip. The guide will coordinate every aspect of the tour, including cooking and camp preparation. You are welcome (but not obliged) to assist in things like food preparation, washing dishes and setting up tents. Your participation in these activities will ensure a rewarding trip.

As much as possible we will try to take a leisurely pace, allowing plenty of time to look at the diverse scenery and ecology. It is easy to lose the track in the dark Karri forest, so for safety reasons the group will stay together. Because we will be arriving in camp mid-afternoon most days, you have a few options. If you wish to rest your feet or read a book, this option is always available. However, if you wish to do a bit more, your guide will be more than happy to take you bird-watching, whale spotting, looking at wild flowers or even another walk. There will be some opportunities to swim in the ocean, however on this coastline it is important to take care, the water is cold and large waves and strong rips are common.

accommodation on the trip

During the trip you camp with swags and tents. You will be experiencing the outback style of camping, so your participation will be appreciated. The guides will prepare all the meals and run the camp, however you will be asked to contribute by putting up your own tents and rolling out swags.

Participation around the camp will make for a more enjoyable experience for everybody.



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adventure travel

By its very nature adventure travel involves an element of the unexpected. In remote and developing countries do not expect standards you are used to at home.

Remote areas are sometimes unpredictable and itineraries may be altered. To get the most out of your adventure it is important that you are flexible, positive and eager to take on all the challenges that arise. If you are uncertain about your suitability for this trip we recommend that you speak with your consultant of travel agent.

important note

These trip notes represent the most current information for this itinerary, and may supersede any information in the current brochure, including but not limited to the itinerary and price.

Most groups are made up of a mixture of single participants and couples. If you are travelling alone you will share a tent with someone of the same sex. This usually sorts itself out naturally.

A single tent supplement is available on this trip for the additional cost of \$50/person.

what you carry

The Bibbulmun Track is a fully supported trek. You will need to carry just a day-pack with your water bottles, jacket, camera and other personal items. You should plan on carrying at least 3 litres of water every day.

equipment required

Specialist gear required include walking boots and day pack (a comprehensive gear list is provided in the pre-departure information provided on booking).

what's not included

- Airfares
- Accommodation in Perth prior and post trip
- Items of personal nature such as laundry and postage
- Backpacks
- Sleeping bags (these can be hired for \$20 ea)
- Alcoholic beverages
- Travel Insurance

info nights

World Expeditions invites you to attend our inspiring adventure travel slide shows. These special evenings are designed to inform and entertain and are hosted by our most experienced and passionate adventure travellers and mountaineers. Ask our staff for a slide show schedule or register on our website - www.worldexpeditions.com. Shows can fill early so it is important to register your attendance so we know to save a seat, or two!

private groups

The adventures featured in our brochures, and on our website, are just a starting point for many of our private group travellers. Working closely with our Groups Department we can organise custom designed itineraries for groups of friends, clubs, charity's, schools or even work colleagues. Our team will assist you with all aspects of your private group adventure from itinerary design to group flights. Contact our team today.

subscribe to our newsletter

Subscribe to our newsletter! To keep up to date with our new and exciting adventure opportunities, special promotions and adventure news, subscribe to our monthly newsletter! You can do this online through our website, www.worldexpeditions.com or contact our office.

trip availability

If this trip seems right for you then we encourage you to call us now to check availability as we operate strictly small group adventures. Many of our adventures require us to secure services on your behalf; such as permits, hotels and flights to name but a few. The demand for these services is increasing each year making it difficult to join a trip last minute. To ensure we can assist you onto your adventure of a lifetime we ask that you check your trip availability with our team at your earliest convenience.



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Australia*



how to book

To book a World Expeditions trip, you will need to complete a booking form which is found at the back of our brochure or can be downloaded from our website www.worldexpeditions.com. On completion, fax or post the form to your nearest World Expeditions office along with your non-refundable deposit. Call your nearest World Expeditions office or travel agent for assistance with your travel arrangements including flights, travel insurance and additional accommodation.